

Pam Chin-Lai MS, RD, LD, CEDRD.
Certified Eating Disorder Registered Dietitian

CLIENT AGREEMENT

Welcome to my practice and the first step towards developing a healthy relationship with food and your body. I am a certified eating disorder registered dietitian with over 20 years of experience treating children, adolescents and adults with eating disorders and disordered eating. I treat both females and males. My office is conveniently located within the Girls to Women Health and Wellness/Young Men's Health and Wellness in North Dallas.

Appointments

Please call or text 972.930.0766 or email me at pchinlai@gmail.com to schedule an appointment. Appointments are 50 minutes in length. My fee is \$135.00 per session. Appointment fees are due at the time of service. I accept cash, check, or credit card. I accept HSA/FSA cards with a major credit card logo. Please bring an alternate form of payment the first time you are using HSA/FSA cards in case there is a problem.

Because appointments are made exclusively for you, I require 24 business hours for cancellations. Full payment is expected for missed appointments or late cancellations.

Insurance

I do not accept insurance, however will provide a superbill that you can submit to your insurance provider. Many medical insurance providers do not offer coverage for outpatient medical nutrition therapy, therefore carefully investigate the type of coverage you have.

Confidentiality

Clients are assured of confidentiality which is protected by ethical practice and by law. If I believe you are in medical danger or intend to harm yourself or another person, I am obligated to break confidentiality.

Parents of adolescent clients are understandably very interested in the nutritional status of their teen. Parents are welcome to come in the beginning or end of any session to relay information or ask questions.

I have read and understand the above document and agree to comply with the policies.

Date: _____ Client's Signature _____

Date: _____ Parent's Signature _____

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